

# Scientific References

1) Sulforaphane-rich broccoli sprout extract attenuates nasal allergic response to diesel exhaust particles

<https://pubmed.ncbi.nlm.nih.gov/24287881/>

2) Algae-derived anti-inflammatory compounds against particulate matters-induced respiratory diseases: A systematic review

<https://research.monash.edu/en/publications/algae-derived-anti-inflammatory-compounds-against-particulate-mat>

3) Amelioration of particulate matter-induced oxidative damage by vitamin c and quercetin in human bronchial epithelial cells

<https://pubmed.ncbi.nlm.nih.gov/26386771/>

4) Beneficial Effects of Citrus Flavonoids on Cardiovascular and Metabolic Health

<https://pubmed.ncbi.nlm.nih.gov/30962863/>

5) Natural compounds protect the skin from airborne particulate matter by attenuating oxidative stress

<https://pubmed.ncbi.nlm.nih.gov/34311532/>

6) Antioxidant and reduced skin-ageing effects of a polyphenol-enriched dietary supplement in response to air pollution: a randomized, double-blind, placebo-controlled study

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8035891/>

7) Phytochemical reduces toxicity of PM2.5: a review of research progress

<https://pubmed.ncbi.nlm.nih.gov/37587082/>

8) Blueberry Anthocyanin-Enriched Extracts Attenuate Fine Particulate Matter (PM2.5)-Induced Cardiovascular Dysfunction

<https://pubmed.ncbi.nlm.nih.gov/27996266/>

9) Rapid and Sustainable Detoxication of Airborne Pollutants by Broccoli Sprout Beverage: Results of a Randomized Clinical Trial in China

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4125483/>

10) Dietary strategies for the treatment of cadmium and lead toxicity

<https://pubmed.ncbi.nlm.nih.gov/25594439/>

**11) Air Pollution as a Risk Indicator for Periodontitis**

**<https://pubmed.ncbi.nlm.nih.gov/36830979/>**

**12) Ambient (outdoor) air pollution**

**[https://www.who.int/news-room/fact-sheets/detail/ambient-\(outdoor\)-air-quality-and-health](https://www.who.int/news-room/fact-sheets/detail/ambient-(outdoor)-air-quality-and-health)**

**13) Long-term exposure to ambient fine particulate matter and periodontitis: An observational study using nationally representative survey data**

**<https://pubmed.ncbi.nlm.nih.gov/38268133/>**

**14) Personal exposure to particulate matter and inflammation among patients with periodontal disease**

**<https://pubmed.ncbi.nlm.nih.gov/25302445/>**